

12's Girls

Based on the AFL Junior Match Policy / AFL Canberra By-Laws

| Phase | Competition |
|--|---|
| REGULATIONS | |
| Ground Size | Min 100m x 80m |
| Zones | X |
| # players on ground | 14 – 18 a side |
| Ball type | Synthetic or Leather |
| Ball size | 3 |
| Quarter Lengths | 12 |
| Break length ($\frac{1}{4}$ - $\frac{1}{2}$ - $\frac{3}{4}$) | 3-8-3 |
| Scoring | ✓ |
| LAWS | |
| Tackling | Modified (See reverse) |
| Bumping | ✓ |
| Stealing the ball | ✓ |
| Barging | ✓ |
| Smothering | ✓ |
| Fending off | ✓ |
| Shepherding | ✓ |
| Bouncing the ball | Unlimited |
| Kicking off the ground | X |
| Ball Ups | ✓ |
| Throw-ins | ✓ |
| Marking | Any distance, reasonable attempt |
| Distance penalty | 25m |
| Deliberate out of bounds | X |
| Deliberate rush behind | X |
| UMPIRES & COACHES | |
| # field umpires | League Appointed (Min 1) Or CLUB (1 per side) |
| Boundary Umpires | ✓ |
| Coaches | Sideline |

Coaches and umpires should always clarify with the opposition prior to the game starting, to ensure all parties have the same interpretation of the regulations and laws.

Players can perform a modified tackle in U12s

- A player in possession of the ball may be tackled by an opponent wrapping both arms around the area below the top of the shoulders and on/above the knees. The tackle may be from either side or from behind providing the tackle from behind does not thrust forward the player with the ball (that is push the player in the back).
- If the player in possession of the ball is taken to the ground in the act of tackling, they will receive a free kick. If the umpire feels the player drops to the ground deliberately in order to receive a free kick, they will be penalised for holding the ball.
- A player in possession of the ball, when held by an opponent applying the wrap-around tackle, should be given a reasonable chance to dispose of the ball by kick or by handball, or by attempting to kick or handball, otherwise a free kick shall be awarded to the tackler for holding the ball.
- The field umpire shall conduct a ball-up when the player with the ball has the ball held to the body by an opponent, unless the player has had a reasonable time to dispose of the ball before being tackled, in which case a free kick shall be awarded to the tackler for holding the ball.
- The field umpire shall allow play to continue if the ball is knocked accidentally out of a player's hands by an opponent.
- A player not in possession of the ball, when held by an opponent, shall be awarded a free kick.
- There is strictly no bumping, slinging or deliberately bringing the opposition player in possession of the ball to the ground.